

* Epilepsy Diagnosis— When My Life Changed

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CSCS (Conference of the Standard Celeration Society)

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“I would give my whole life for this one instant overflowing with unbounded joy and rapture, ecstatic devotion, and completest life.”

* Prince Myshkin in Dostoevsky's, *The Idiot*, 1869.

“Walking on the floor in the clear, cold, ice-halled library when floors, walls, and ceilings suddenly take flight and move away. I am translucent walking through a world which does not exist, passing mechanical stuffed dolls which move rhythmically, rhythmically as if they have a definite purpose and place to go.”

Abigail B. Calkin, *The Rosebud I Love*, 1967.

* “...these episodes that
are frightening and
beautiful....” (ABC)

- * When I was 5 years old
 - * Scarlet fever for 3 months (1946)
 - * Coma for 7 to 8 days with 105.5 temperature
 - * Near death experience (NDE)
- * Four leftovers
 - * Thought weird inner behaviors were normal...
 - * Yet knew they were not
 - * Occasional passing out or drop to the ground
 - * Epilepsy (diagnosed 73 years later, July 2019)

* Background and Facts

- * Dizzy
- * Light-headed
- * Natural highs
- * Illusions
- * Out of body
- * Near death experience (NDE)
- * Vertigo
- * Auras

*** What are these “weird inner events”?**

- * Summer & fall 1980 for three months I counted natural highs and pollen counts (KS)
- * November 1981 through December 1982
 - * 14 months for an overlap to check validity
 - * Counted 6 independent variables.
 - * Counted 6 dependent variables.
- * Daily, weekly, monthly charts

*** Meanwhile, what I counted...**

- * Pollen counts—alternaria mold, ragweed, trees, & grasses (2 charts, then combined to 1)
- * Cigarettes smoked
- * Ounces of water
- * Ounces, then milligrams, of caffeine—tea
- * Marijuana tokes
- * Ounces of alcohol

* Independent Variables

- * Natural highs
- * Illusions
- * Hallucinations
- * Extra sensory perceptions (ESP)
- * Creative writing ideas
- * Creative professional ideas

* Dependent Variables

- * Natural High—
 - * state of consciousness others have due to alcohol or drugs
 - * For me, it is a feeling of being separate from reality, out of my body, light-headed, objects surrounded by their negative after-image or in the wrong color, having a synesthetic sensation, or floating in space.

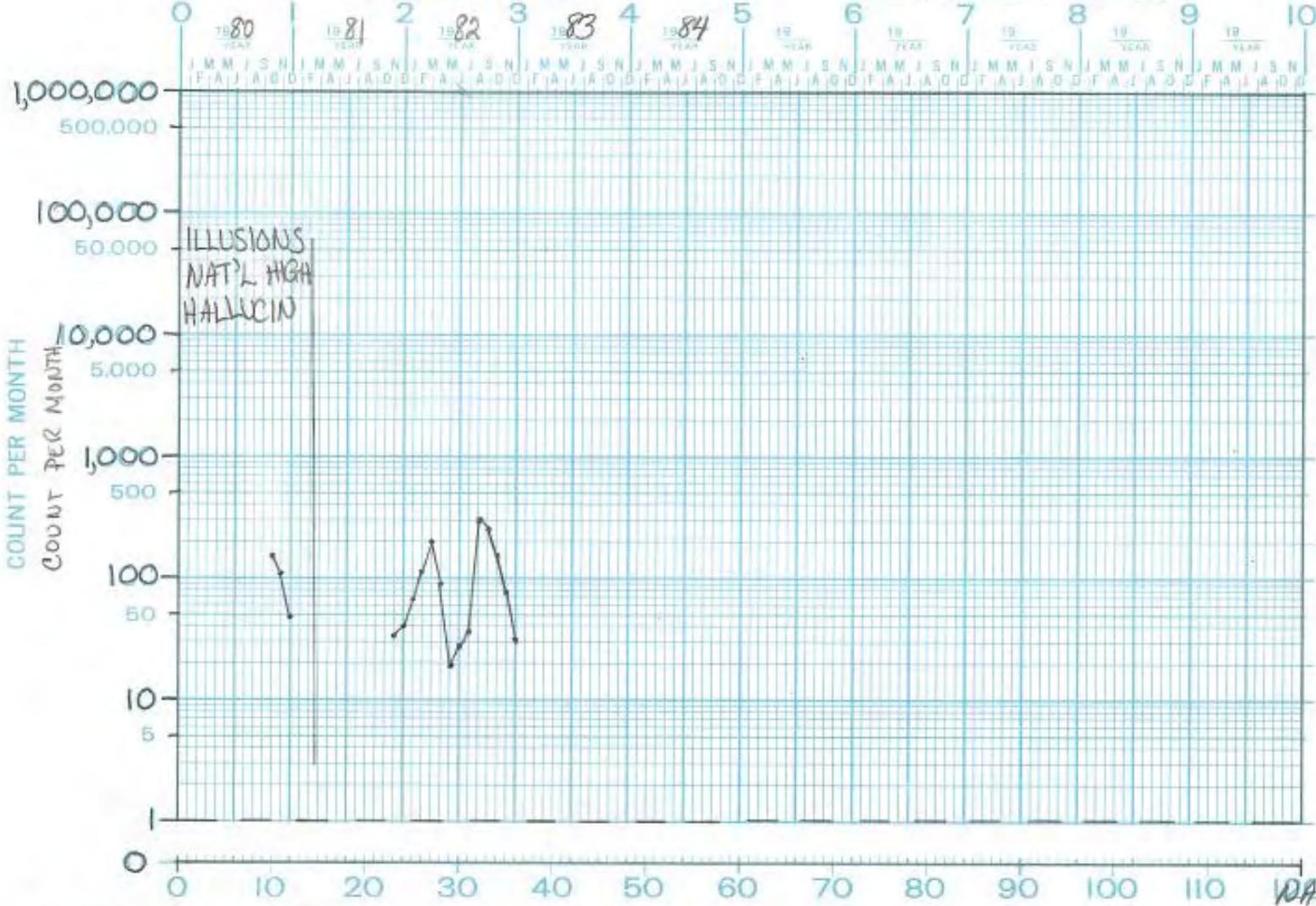
- * Illusion—
 - * an image, something sensory that appears but I know is not real. It has an inner stimulus. Other than to note its occurrence, I do not respond unless I think it may have some literary use and write it for use in a poem or story.
 - * Example: three men from 1900, digging a 4 x 6-foot hole in the street—their street is dirt, mine is paved and I'm driving to work on it—and they weren't there five seconds earlier.

* Natural Highs & Illusions



MONTHLY BEHAVIOR CHART (MC 28R)
 8 CYCLES - 120 MONTHS (10 YEARS)
 BEHAVIOR RESEARCH CO.
 BOX 3291 - KANSAS CITY, KANS. 64108

CALENDAR YEARS



ILLUSIONS
 NAT'L HIGH
 HALLUCIN

NATURAL HIGHS

A. B. CALKIN

SUPERVISOR ADVISER MANAGER

SUCCESSIVE CALENDAR MONTHS

ABC

BEHAVIOR AGE LABEL COUNTED

DEPOSITOR

AGENCY

TIMER

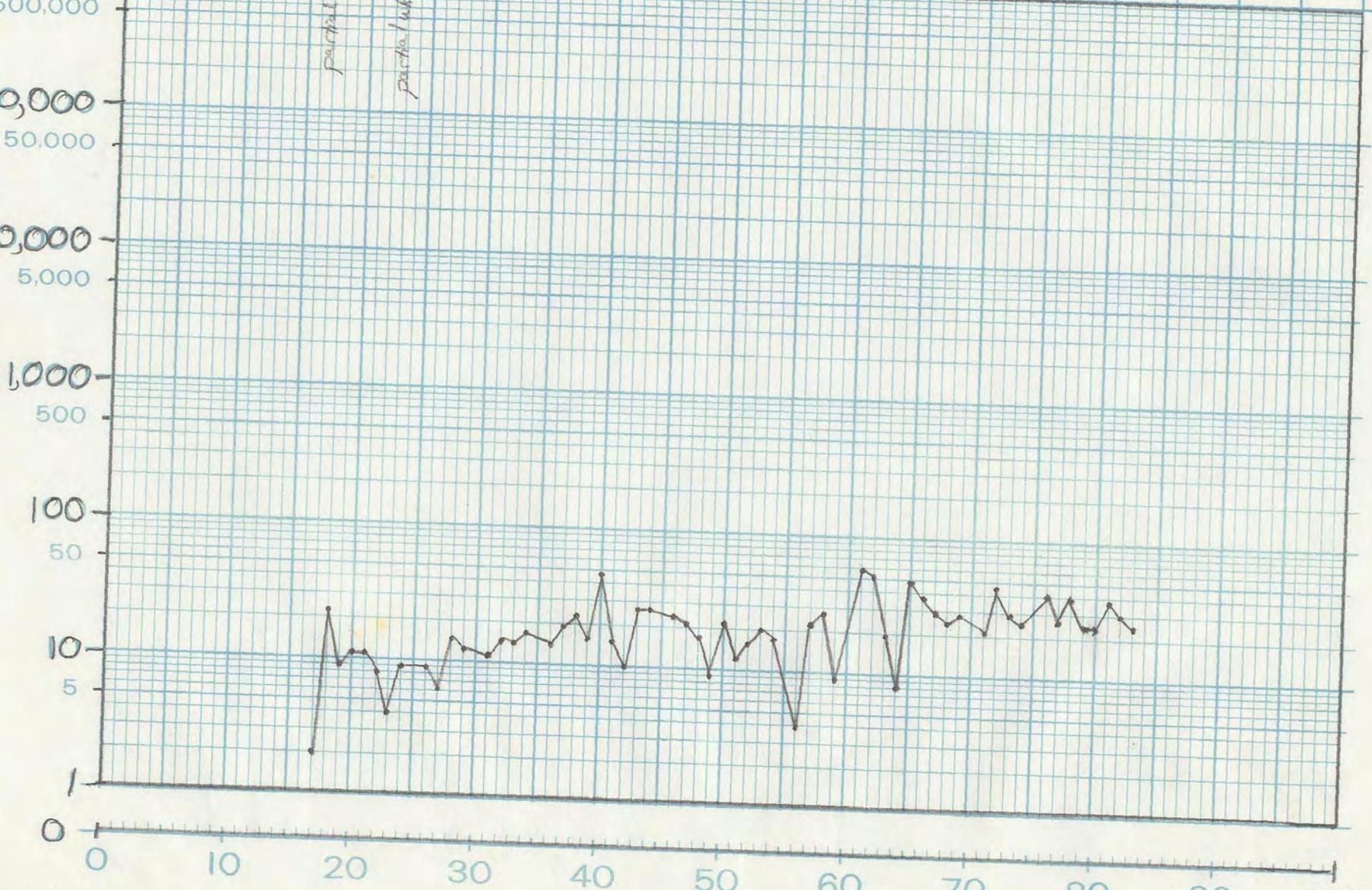
COUNTER

CHARTER

1981
YEAR

0 AG SP² Oc NV⁴ DC JR⁶ FB MR⁸ Ap MY¹⁰ JW JL¹² AG SP¹⁴ Oc NV¹⁶ DC 18 20
MONTH MONTH

1982
YEAR



CALKIN

CALENDAR WEEKS

- * Frequency
- * Celeration
- * Bounce
- * Correlation

* **Analyses**

- * Kansas pollen counts by month

- * 0 if snow on ground

- * 2,000 to 5,000 units of alternaria mold & ragweed in September & October till frost

- * Illusions

- * 0 to 25 per day

- * ESP

- * 7 to 19 per month, middle = 14

* Frequencies

- * Nothing astounding except for the pollen counts
 - * X10 to x100
 - * \div 100
- * Gradual acceleration on the illusions, creative writing ideas
- * ESP x1.0 at about 1 every other day

* **Celerations**

- * Daily bounce was not significant.
- * Only the pollen counts showed great bounce.
 - * Is it out of the norm when it occurs in nature and follows a regular pattern?

* **Bounce**

* Significance was weak to nil

* Natural Highs

* Pollen count and natural highs +.59

* Ounces of water and natural highs +.59

* Mg. of caffeine and natural highs -.57

* Pollen count and illusions +.53

* **Correlations**

- * The 1981-1982 charts gave me no information about what might be “wrong” with me, other than that I had severe allergies.
- * The good news is that I had data from “Before,” a 14-month observation phase from 37 years ago.

* Conclusions from SCCs

- *Diagnosis

- *Self

- *Noticed unusual behaviors spring 1946

- *Decided not normal autumn 1949 & ff.

- *Medical

- *Suspicioned 15 April 2019 (cardiologist)

- *Definitive 15 July 2019—atonic complex partial seizures (neurologist)

*2019

- * Medication (Keppra)
 - * Frequencies dropped
 - * Out of body—0
 - * Aura—0
 - * Vertigo—1 per month or escalators

- *Duration dropped

- *To 0-4/day for 1-3 seconds instead of 23/day for 10 min up to 2 or 5 hours 16 min +/-day

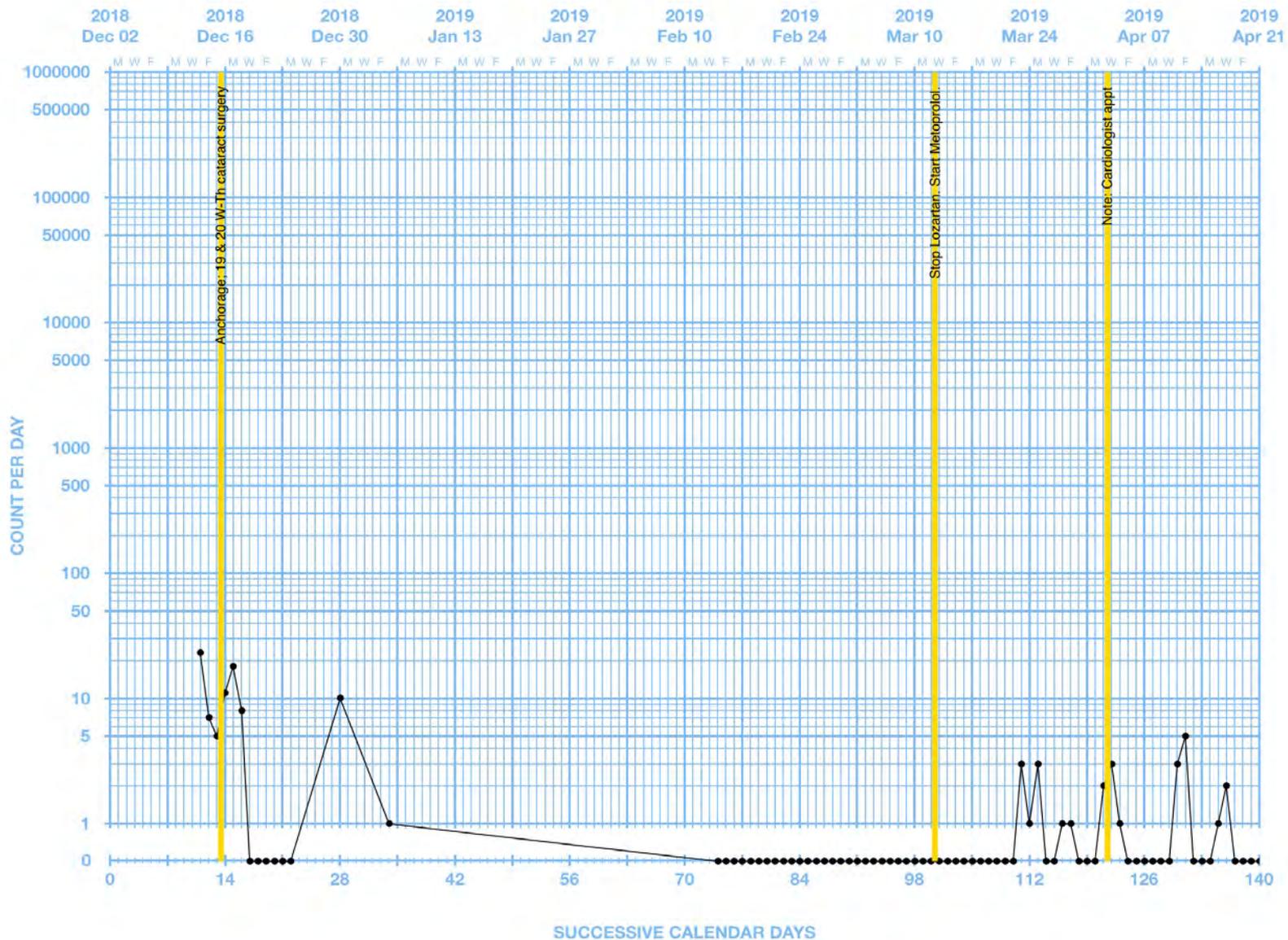
- *Dizzy

- *Natural highs

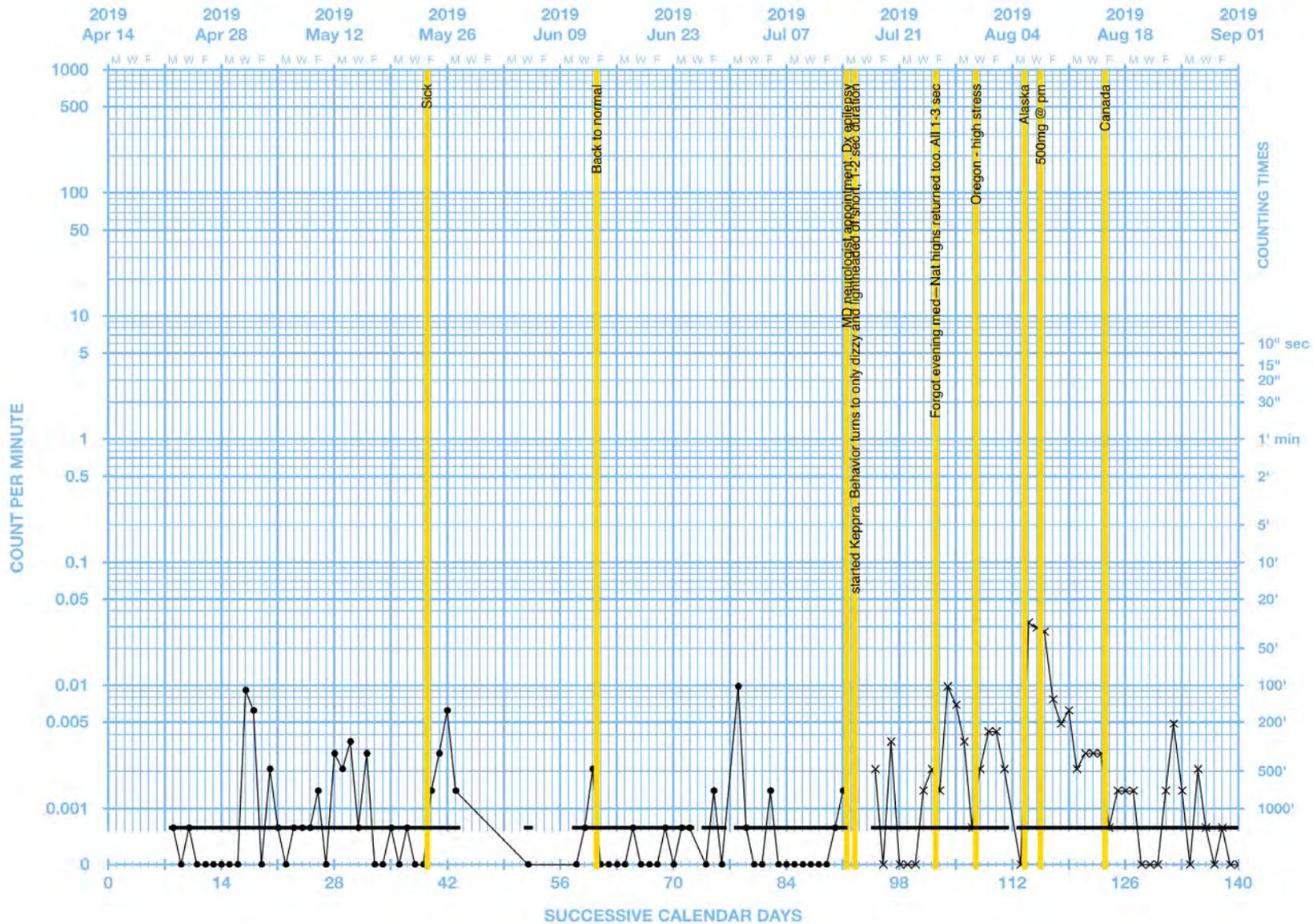
- *Illusions

- *Lightheaded

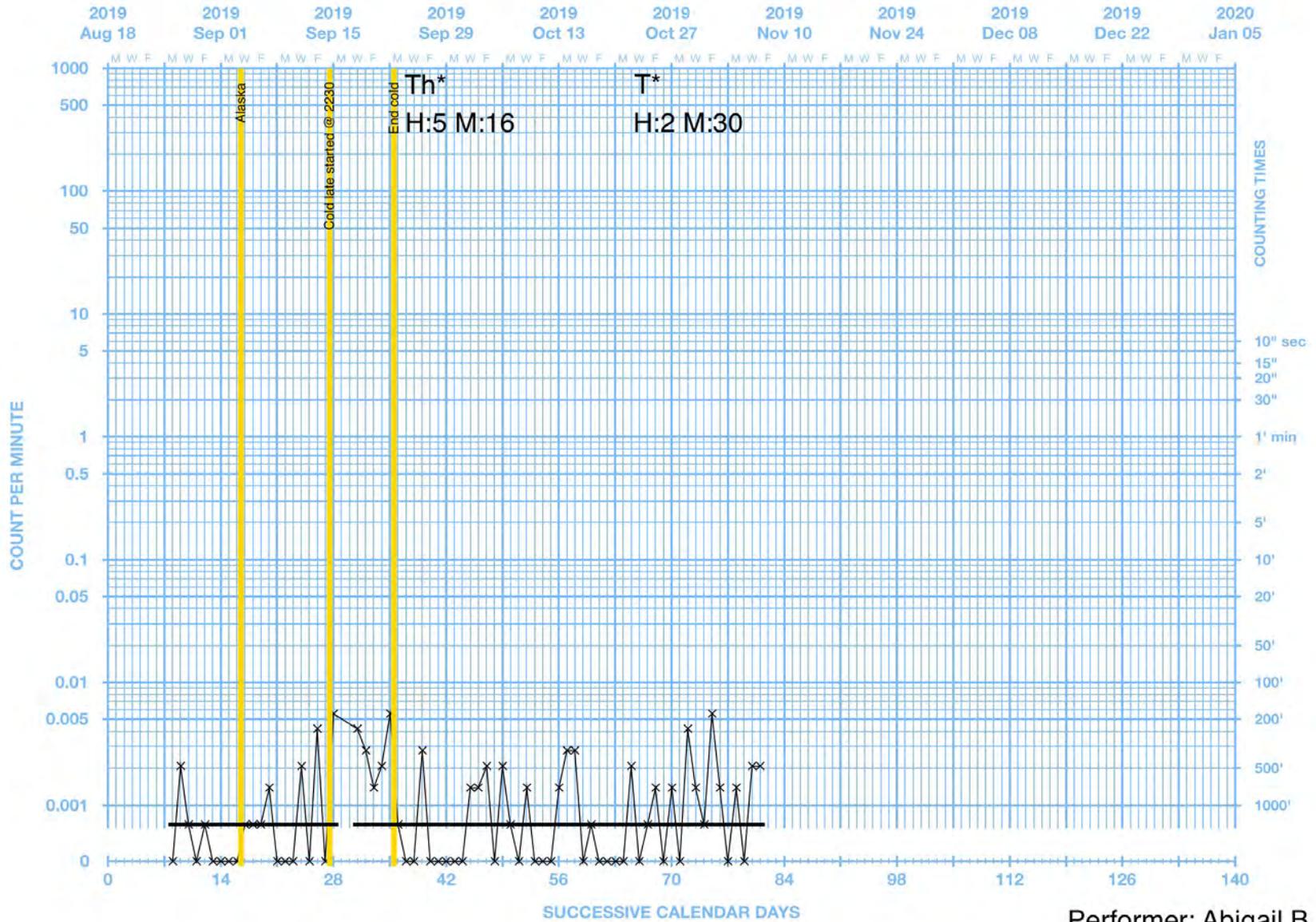
DAILY per DAY CHART : Lightheadedness, dizziness—#1



DAILY per MINUTE CHART : Lightheaded, dizzy, natural high, out of body, vertigo, aura—ABC



DAILY per MINUTE CHART : Lightheaded, dizzy, out-of-body, natural high, illusions, vertig



Performer: Abigail B. Calkin

- * Out with the old...
 - * Felt dizzy
 - * Touches wall, furniture or other object to be sure where it is, to avoid falling or losing balance
 - * Felt out of body
 - * Duration (10 min to hours-long)
 - * Had auras (did not know I had auras)

*** What I Didn't Count but
Should Have**

- Keppra/Levetiracetam distinct change.
- The road is flat, trees black & green, sky blue.
- * In with the new...
 - * Feel grounded!
 - * Reality is constant!

* Examples of Grounded

- * http://www.abigailbcalkin.com/personal_thoughts.htm 1st of the month
- * <http://www.abigailbcalkin.com/flashbacks.htm> 15th of the month
- * Dostoevsky, F. M. (1869/2001). *The Idiot*. R. Pevear & L. Volokhonsky, Trans.) New York: Vintage.
 - * The Brothers Karamazov
 - * Demons

* Some References